



VIRGINIA COUNSELING ASSOCIATES

**AUTHORIZATION TO RELEASE/EXCHANGE CONFIDENTIAL INFORMATION**

This form cannot be used for the re-release of confidential information provided to the Virginia Counseling Associates, LLC by other individuals or agencies. Such requests should be referred to the original individual or agency.

I \_\_\_\_\_ authorize Virginia Counseling Associates, LLC to:

- release to:
- obtain from:
- exchange with:
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

the following information pertaining to:

- treatment summary
- history/intake
- diagnosis
- psychological test results
- psychiatric evaluation/medication history
- dates of treatment attendance
- other (specify) \_\_\_\_\_

for the purpose of:

- evaluation/assessment and/or coordinating treatment efforts
- other (specify) \_\_\_\_\_

This consent will automatically expire one (1) year after the date of my signature as it appears below, or on the following earlier date, condition, or event \_\_\_\_\_  
\_\_\_\_\_. (See back for authorization extension).

I understand I have the right to refuse to sign this form, and that I may revoke my consent at any time (except to the extent that the information has already been released).

_____		Social Security #: _____
Signature of Client	Date	OR
		Date of Birth: _____
_____		
Signature of Witness	Date	



VIRGINIA COUNSELING ASSOCIATES  
**RECORD OF AUTHORIZATION EXTENSIONS**

I hereby confirm that I have reviewed this consent form and agree to its extension for an additional:

Check One:

6 months OR  
 other (specify) \_\_\_\_\_

\_\_\_\_\_  
Client Date Witness Date

Check One:

6 months OR  
 other (specify) \_\_\_\_\_

\_\_\_\_\_  
Client Date Witness Date

Check One:

6 months OR  
 other (specify) \_\_\_\_\_

\_\_\_\_\_  
Client Date Witness Date